# HOTSHOTS CESSNOCK

Tuesday 1 October 2024 — Thursday 10 October 2024 Group based activities for participants **Children 6 - 12yrs** Tuesdays **Start time** 9am **Finish tim**e 3pm

# **TUESDAY**

# 1 October 2024



#### **Sensory Sensations**

Get ready to explore your senses with our sensory sensations. Squish, squeeze, sniff and taste your way through different textures!

Please bring a packed morning tea and lunch.
Activity cost \$5

# WEDNESDAY

# **2 October 2024**



#### Mindful Me

Learn to calm our minds and slow down! We will explore mindfulness activities and find our Zen.

Please bring morning tea and lunch.

# **THURSDAY**

### **3 October 2024**



#### **Scavenger Hunt**

Let's explore the wonders of our nature on a scavenger hunt at the park! Mark everything off the list then reward yourself with a fun play at the park.

Please bring a packed morning tea, lunch, hat and water bottle.

# **TUESDAY**

# **8 October 2024**



#### Mini Chefs

**Activity cost** \$5

Grab your apron and learn how to make delicious treats! Follow recipes, measure ingredients and best of all, taste your yummy culinary masterpieces. **Please bring** a packed lunch.

# **WEDNESDAY**

# **9 October 2024**



#### **Games Day Extravaganza**

Bring your playful spirit along and dive into a variety of fun activities! From classic board games to engaging ToverTaffel and exciting in-Hub ten pin bowling, there will be games galore.

Please bring morning tea and lunch.

# WEDNESDAY

# 10 October 2024



### **Party Day**

Let's end the holidays in style! Hit the dance floor, sing karaoke, and enjoy your favourite music and tasty party food. Don't miss out on the fun!

Please bring a packed lunch.

Activity cost \$5



**NDIS**